

Dear Volleyball Players,

Thanks for another successful season. Hopefully it has left a taste of wanting to go further in your mouth and in your hearts. Moving to 5A will give us a chance to show exactly what we are made of and that we can dominate at that level as well. Attached you will find a suggested summer workout program, our summer open gym dates and the tryout dates for next season. Have a fun and restful summer. I hope to see you out there playing this summer and encourage you to commit to whatever you do with all your heart, mind and soul and you will be great!!

*Coach Wootan Coach McDonald Coach Hydes Coach
Currey*

***Guts are a combination of confidence, courage, conviction, strength of character, stick-to-itiveness, backbone, and intestinal*

fortitude. They are mandatory for anyone who wants to get to and stay at the top.

-D A Benton

***Our Dreams goals and ideas come from our values...If what we are doing does not come from what we care about the most in life, it is meaningless*

- Snead and Wycoff

***It's not the will to win, but the will to prepare to win that makes the difference.*

-Paul William "Bear" Bryant

***The most distinguishing feature of winners is their intensity of purpose.*

-Alymer Letterman

***All right Mister, let me tell you what winning means... you're willing to go longer, work harder, give more than anyone else.*

-Vince Lombardi

***Be like the turtle. If he didn't stick his neck out, he wouldn't get anywhere at all.*

-Harvey Mackay

***To laugh often and much; to win the respect of intelligent people and the affection of children; to earn the appreciation of honest critics and endure the betrayal of false friends; to appreciate beauty, to find the best in others; to leave the world a little better; whether by a healthy child, a garden patch or a redeemed social condition; to know even one life has breathed easier because you have lived. This is the meaning of success.*