

**Employees who are enrolled in the Section 125 Medical Reimbursement Account:  
Reimbursable Over-the-Counter Medications Under the Section 125 Plan**

Antacids

Allergy medication

Anti-diarrheal medication, laxatives

Band-aids, bandages, gauze pads, first aid kits

Bug bite medication

Calamine lotion

Cough drops, throat lozenges, sinus medication, and nasal sinus spray

Cold medication, pain reliever

Cold/hot packs for injuries, crutches

Contact lens solution, cleaners

Carpal tunnel wrist supports

Condoms, spermicidal foam

Diaper rash ointment

Eye products (such as Visine or saline wash)

First aid creams and ointments, liquid adhesives, topical ointments

Glucosamine/chondroitin for arthritis or other medical condition ([requires doctor's statement](#))

Hemorrhoids creams

Incontinence supplies

Joint/muscle pain medication

Lactose intolerance pills

Menstrual cycle products for pain and cramp relief

Motion sickness pills

Nicotine gum or patches for stop-smoking purposes

Nasal strips for snoring

Orthopedic shoe inserts

Over the counter hormone therapy and treatment for menopausal symptoms ([hot flashes, night sweats, etc. – requires doctor's statement](#))

Pedialyte for ill child's dehydration

Pregnancy test kits

Prenatal vitamins during pregnancy ([requires doctor's statement](#))

Reading glasses

Rubbing alcohol

Sleeping aids

St. John's Wort for depression ([requires doctor's statement](#))

Suppositories

Sunburn cream or ointment

Sunscreen

Supplements, vitamins or herbal treatments to treat medical condition ([requires doctor's statement](#))

Thermometers (ear or mouth)

Wart remover treatments

Weight loss drugs to treat medical condition or obesity ([requires doctor's statement](#))

**Not Reimbursable:**

Chapped lip treatments

Face Creams, moisturizers, suntan lotions

Medicated shampoos and soaps ([unless prescribed by a doctor](#))

Toiletries, toothbrushes, toothpaste

Vitamins and supplements for maintaining general good health

**Employees who are enrolled in the Section 125 Medical Reimbursement Account:  
Instructions for Reimbursement**

Attach receipts which list any of the eligible over-the-counter items to the Flexible Benefits Reimbursement Voucher and mail to:

First Financial Administrators, Inc.  
P.O. Box 670329  
Houston, TX 77267-0329  
Telephone: 800/523-8422  
FAX: 800/298-7785