

# Midlothian ISD / ARAMARK

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 23  FEATURE ENTREE Whole Grain Pancake Pancake Syrup CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Apples Slices Orange Juice 100% Pineapple Chunks w/J Plain Oatmeal Margarine CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Aug - 24  FEATURE ENTREE Scrambled Eggs Sliced Toast CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Grapes Fruit Juice Blend 100% Sliced Peaches w/Juic Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Aug - 25  FEATURE ENTREE Fruited Yogurt Parfait CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Oranges Grape Juice 100% Diced Pears w/Juice Cinnamon Oatmeal CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Aug - 26  FEATURE ENTREE Sausage Biscuit CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Cantaloupe Pineapple Juice 100% Mixed Fruit w/ Juice Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Aug - 27  FEATURE ENTREE MUFFIN, Bluebry SC 1 CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA BANANA, Fresh Whol Apple Juice 100% Mandarin Oranges w/J Maple Brown SugarOat CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk
Aug - 30  FEATURE ENTREE Waffle Pancake Syrup CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Apples Slices Orange Juice 100% Pineapple Chunks w/J Plain Oatmeal Margarine CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk Syrup PC	Aug - 31  FEATURE ENTREE Egg and Cheese Burrit CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Grapes Fruit Juice Blend 100% Sliced Peaches w/Juic Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 1  FEATURE ENTREE String Cheese Graham Crackers CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Oranges Grape Juice 100% Diced Pears w/Juice Cinnamon Oatmeal CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 2  FEATURE ENTREE Egg and Cheese Quesadilla CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Cantaloupe Pineapple Juice 100% Mixed Fruit w/ Juice Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 3  FEATURE ENTREE CINNAMON ROLL SS CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA BANANA, Fresh Whol Apple Juice 100% Mandarin Oranges w/J Maple Brown SugarOat CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk
Sep - 6	Sep - 7  FEATURE ENTREE Egg Panini w/CH CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Grapes Fruit Juice Blend 100% Sliced Peaches w/Juic Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 8  FEATURE ENTREE StrawberryYogurt Parf CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Oranges Grape Juice 100% Diced Pears w/Juice Cinnamon Oatmeal CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 9  FEATURE ENTREE Breakfast Pizza CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Cantaloupe Pineapple Juice 100% Mixed Fruit w/ Juice Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 10  FEATURE ENTREE Sausage Bagel CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA BANANA, Fresh Whol Apple Juice 100% Mandarin Oranges w/J Maple Brown SugarOat CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# Midlothian ISD / ARAMARK

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 13  FEATURE ENTREE Whole Grain Pancake Pancake Syrup CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Apples Slices Orange Juice 100% Pineapple Chunks w/J Plain Oatmeal Margarine CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 14  FEATURE ENTREE Scrambled Eggs Sliced Toast CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Grapes Fruit Juice Blend 100% Sliced Peaches w/Juic Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 15  FEATURE ENTREE Fruited Yogurt Parfait CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Oranges Grape Juice 100% Diced Pears w/Juice Cinnamon Oatmeal CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 16  FEATURE ENTREE Sausage Biscuit CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Cantaloupe Pineapple Juice 100% Mixed Fruit w/ Juice Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 17  FEATURE ENTREE MUFFIN, Bluebry SC 1 CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA BANANA, Fresh Whol Apple Juice 100% Mandarin Oranges w/J Maple Brown SugarOat CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk
Sep - 20  FEATURE ENTREE Waffle Pancake Syrup CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Apples Slices Orange Juice 100% Pineapple Chunks w/J Plain Oatmeal Margarine CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk Syrup PC	Sep - 21  FEATURE ENTREE Egg and Cheese Burrit CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Grapes Fruit Juice Blend 100% Sliced Peaches w/Juic Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 22  FEATURE ENTREE String Cheese Graham Crackers CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Oranges Grape Juice 100% Diced Pears w/Juice Cinnamon Oatmeal CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 23  FEATURE ENTREE Egg and Cheese Quesadilla CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Cantaloupe Pineapple Juice 100% Mixed Fruit w/ Juice Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 24  FEATURE ENTREE CINNAMON ROLL SS CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA BANANA, Fresh Whol Apple Juice 100% Mandarin Oranges w/J Maple Brown SugarOat CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk
Sep - 27  FEATURE ENTREE WG French Toast Stic CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Apples Slices Orange Juice 100% Pineapple Chunks w/J Plain Oatmeal Margarine CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk Pancake Syrup	Sep - 28  FEATURE ENTREE Egg Panini w/CH CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Grapes Fruit Juice Blend 100% Sliced Peaches w/Juic Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 29  FEATURE ENTREE StrawberryYogurt Parf CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Oranges Grape Juice 100% Diced Pears w/Juice Cinnamon Oatmeal CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	Sep - 30  FEATURE ENTREE Breakfast Pizza CHOICE OF CEREAL/ Cinn Toast Crunch Bwl Trix Bowlpack Cheerios Bowlpack Cinnamon Toast FRUIT AND VEGETA Fresh Cantaloupe Pineapple Juice 100% Mixed Fruit w/ Juice Cheesy Toast CHOICE OF MILK 1% Chocolate Milk 1% White Milk Skim Milk	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**