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**For Immediate Release**

**COLLEGIATE ATHLETE, INC. FACILITATOR BECKY HUGHES INTRODUCES THE COLLEGIATE ATHLETE EDUCATIONAL PROGRAM'S (CAEP) Workshop I "Developing Your Action Plan" FOR PARENTS AND STUDENT-ATHLETES**

**(Midlothian, Texas – 5<sup>th</sup> December 2007)** –Former administrative director of Texas Advantage Volleyball, voted the top junior volleyball club in Texas over the past 4 years, 2004-2007, and Texas Wesleyan University coach and Athletic Director, Becky Hughes brings her expertise to local parents/legal guardians and athletes. She will conduct a series of informative and interactive sessions for Collegiate Athlete, Inc.

On **December 5<sup>th</sup>**, **Workshop I** will be conducted. The focus of Workshop I is ***"Developing Your Action Plan"***, which addresses academic preparation and eligibility standards; developing and working with a resource team; the recruiting process and regulations; utilizing the internet; creating pertinent questions and a process for communicating with, following up and recording information from college coaches and administrators; marketing yourself; beginning the process of developing a cover letter, statistical profile and videos; personal websites; competition beyond high school; and essential considerations going into selecting the most appropriate college to meet their needs.

The **Workshop** will be held Wednesday, December 5<sup>th</sup>, at Midlothian High School Cafeteria. Late registration and sign-in is from 6:30-6:45 pm with the Seminar to follow from 6:45-8:45 pm. Collegiate Athlete, Inc. is sponsoring the event. **Pre-Registration Deadline is December 3.**

Each session is open to all Midlothian ISD male and female student-athletes grades 9-12 and their parents/legal guardians; seating is limited. Visit [www.collegiateathlete.com](http://www.collegiateathlete.com) to download the registration form and register for the session. Please mail the form to Becky Hughes 1018 Ross Trail Arlington, TX 76012.

**Note: Student-athlete and parent/legal guardian MUST attend the session together. Each session is designed for student-athlete & parents working together. If this is not possible, please arrange to attend at another time.**

**Participants will NOT be permitted to tape or video record any of the sessions.**



Get a jump on the college selection process. **Register by December 3 for Workshop I** because of limited seating and materials needed. Registration Form available from coaches, athletic office, or on-line.

### **About Collegiate Athlete Educational Program**

The mission of the Collegiate Athlete Educational Program (CAEP) is to provide education, information, and the tools enabling parent(s) or legal guardian(s) and potential collegiate student-athletes (sons or daughters) the opportunity to make the best decision in the selection of a college. For more information about Collegiate Athlete Inc., visit the website at [www.collegiateathlete.com](http://www.collegiateathlete.com).

### **About Becky Hughes**

**Becky Hughes** is currently administrative director of Texas Advantage Volleyball, voted the top junior volleyball club in Texas for 04-07. Becky oversees hiring and training of coaches and players, facilitating players' collegiate opportunities, and facilities scheduling, Becky has accumulated over 30 years as a successful player, teacher, coach and administrator at the collegiate level. In addition, Becky is experiential learning program facilitator at Camp Thurman in Arlington, Texas. Honors include coaching two NAIA Hall of Fame players and 15 All Americans, receiving the Earl Brown Distinguished Faculty of the Year Award at Texas Wesleyan University, being inducted into Halls of Fame at Texas Wesleyan University and Arlington High School, and receiving the George J. Fisher Leader in Volleyball Award. Becky has a Bachelor of Arts degree in Christian Education from Biola University and a Master of Arts degree in Education at Texas Wesleyan University.

### **About Collegiate Athlete Educational Foundation**

The Collegiate Athlete Educational Foundation was created in 2006 to generate funds in support of programs for the benefit of parents or legal guardians and potential collegiate student-athletes fulfilling their dream of attending college.

The Foundation believes that student-athletes and their parents or legal guardians, who want to fulfill their daughter's or son's dream of attending college and competing in sports, should have the opportunity to learn, become informed and be provided the education regardless of their social, economic, or religious situation. This will be accomplished by providing equitable quality instruction and developing positive relationships.

The Foundation is also dedicated to maximizing the professional skills and human potential of every facilitator. We believe that an exemplary staff, working in partnership with student-athletes and their parents or legal guardians, is the key to developing well-informed, responsible citizens.

By attracting private donations, grants and sponsorships, the Foundation provides support for the core programs and the development of program enrichments and services not normally financed.

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