

## **ATTENTION PARENTS!!!**

The time has come to get ready for the 2010-2011 school year. The Midlothian Athletic Department requires all athletes participating in athletics to have a new athletic physical each year. This means that your son/daughter will need to get a physical before school begins. To make it easier on you, the district will offer physicals on Thursday, May 27<sup>th</sup>. Athletic physicals through the district will only be done on this day, so please take advantage of it.

Physicals will be from 4:30 p.m. – 7:30 p.m. on Thursday, May 27<sup>th</sup> at the Midlothian High School Arena. Due to last year's physical numbers, we have added seven more doctors from Baylor and Methodist Hospital Systems. As a result, there will be approximately 12-14 male and female medical staff present for the physicals. We also need a parent to come with the student in order to fill out the required paperwork. Athletic physical forms can either be picked up at the time of the physical or downloaded from the athletic web site. The cost of the physical is \$20. Checks can be made payable to M.I.S.D.

Those who do not come for physicals on May 27<sup>th</sup> may go to their own doctor, but they must use the required U.I.L. physical form. The form may be picked up in the athletic office at the high school or obtained from the athletic website. Please understand that if you do not come on this day your son/daughter will need to get a physical before they can participate in athletics.

If your child is under current restrictions due to a medical condition or currently under a doctor's care, then we would advise going to your primary care doctor for the physical.

The athletic participation packet may also be downloaded at [www.midlothian-isd.net/athletics](http://www.midlothian-isd.net/athletics). If you have any questions, please do not hesitate to call me at 972-775-8174.

Greg Goerig, L.A.T.

Head Athletic Trainer, Midlothian I.S.D.

greg\_goerig@midlothian-isd.net